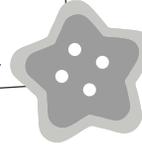


Developmental Checklist



0-3 months

- Lifts chest and head when lying on stomach
- Stretches and kicks spontaneously
- Brings hand to mouth
- Briefly watches and follows people and objects
- Chuckles and coos
- Begins to develop a social smile

3-6 months

- Rolls from side to side and back to stomach
- Has good head control
- Sits with or without support
- May begin to reach and grasp an object
- Explores with hands and mouth
- Laughs and babbles
- Enjoys social play

6-12 months

- Gets to sitting position without help
- Crawls forward
- Picks up and drops small toys or objects
- Finger feeds self
- Says "mama," "dada," or "baba"
- Imitates speech sounds
- Plays 'peek -a-boo' or 'pat-a-cake'

12-15 months

- Walks alone
- Puts items in a container
- Tries to imitate scribbling
- May say 2 or more words
- Follows simple directions
- Displays affection
- Enjoys watching or being around other children

15-18 months

- Begins to run
- Imitates common daily activities
- Starts to use a spoon to feed self
- Says 4 or 5 words and vocalizes like a conversation
- Points to interesting objects
- Responds to his or her own name when called

18-24 months

- Pulls toys behind while walking
- Climbs on to and down from furniture without help
- Turns over containers to pour out contents
- Turns pages of a book, 2 or 3 at a time
- Takes off shoes
- Uses 2-4 word phrases
- Likes being read to

24-26 months

- Kicks a ball
- Jumps
- Scribbles on own
- Likes being more independent in dressing, brushing teeth, and washing hands
- Spontaneously shows affection
- Makes eye contact and engages others

30-36 months

- Walks up and down stairs with little assistance
- Runs easily
- Begins to draw (up and down, side to side, and circular lines)
- Holds crayon or pencil in writing position
- Uses words that strangers can understand
- Understands most sentences
- Plays make-believe with dolls, animals, and people
- Expresses a wide range of emotions
- Understands turn taking

